# Contents

PART I—Self-Competence, A Road to Job Satisfaction  CHAPTER 1: PERFORMANCE TODAY, COMPETITIVE EDGE TOMORROW  The Focus on Competencies Helps Employees Sharpen Their Focus  Purpose of the Competency Development Guide  14 How the Competency Development Guide Was Developed  14 The New Reality: Career Streams vs. Career Ladders  34 Generic Competencies and Clusters Graphs—Exhibits  16 Career Development: Key Concepts  19 The Big Picture—Performance Improvement and Management  19 Development Planning and the Performance Management Process  22 Putting This Guide to Work for You Immediately  22 CHAPTER 2: YOUR PARENTS WERE RIGHT. YOU REALLY ARE FILLED WITH POTENTIAL  Steps to Developing Competencies  What are Competencies?  24 How Competencies are Acquired?  25 Types of Developmental Activities  27 Develop Competencies Your Way  28 Motivating Yourself for Professional Development  30 Research Findings Relevant to Development Planning	Introduction	i
Purpose of the Competency Development Guide 14 How the Competency Development Guide Was Developed 14 The New Reality: Career Streams vs. Career Ladders 15 34 Generic Competencies and Clusters Graphs—Exhibits 16 Career Development: Key Concepts 19 The Big Picture—Performance Improvement and Management 19 Development Planning and the Performance Management Process 22 Putting This Guide to Work for You Immediately 22  CHAPTER 2: YOUR PARENTS WERE RIGHT. YOU REALLY ARE FILLED WITH POTENTIAL Steps to Developing Competencies What are Competencies? 24 How Competencies are Acquired? 25 Types of Developmental Activities 27 Develop Competencies Your Way 28 Motivating Yourself for Professional Development 30	PART I—Self-Competence, A Road to Job Satisfaction	
How the Competency Development Guide Was Developed  14 The New Reality: Career Streams vs. Career Ladders  15 34 Generic Competencies and Clusters Graphs—Exhibits  16 Career Development: Key Concepts  19 The Big Picture—Performance Improvement and Management  19 Development Planning and the Performance Management Process  22 Putting This Guide to Work for You Immediately  22  CHAPTER 2: YOUR PARENTS WERE RIGHT. YOU REALLY ARE FILLED WITH POTENTIAL  Steps to Developing Competencies  What are Competencies?  24 How Competencies are Acquired?  25 Types of Developmental Activities  27 Develop Competencies Your Way  28 Motivating Yourself for Professional Development  30	•	
The New Reality: Career Streams vs. Career Ladders  34 Generic Competencies and Clusters Graphs—Exhibits  16 Career Development: Key Concepts  19 The Big Picture—Performance Improvement and Management  19 Development Planning and the Performance Management Process  22 Putting This Guide to Work for You Immediately  22  CHAPTER 2: YOUR PARENTS WERE RIGHT. YOU REALLY ARE FILLED WITH POTENTIAL  Steps to Developing Competencies  What are Competencies?  24 How Competencies are Acquired?  25 Types of Developmental Activities  27 Develop Competencies Your Way  28 Motivating Yourself for Professional Development  30	Purpose of the Competency Development Guide	14
34 Generic Competencies and Clusters Graphs–Exhibits  Career Development: Key Concepts  19 The Big Picture—Performance Improvement and Management  19 Development Planning and the Performance Management Process  22 Putting This Guide to Work for You Immediately  22  CHAPTER 2: YOUR PARENTS WERE RIGHT. YOU REALLY ARE FILLED WITH POTENTIAL  Steps to Developing Competencies  What are Competencies?  24 How Competencies are Acquired?  25 Types of Developmental Activities  27 Develop Competencies Your Way  28 Motivating Yourself for Professional Development  30	How the Competency Development Guide Was Developed	14
Career Development: Key Concepts  The Big Picture—Performance Improvement and Management  19 Development Planning and the Performance Management Process  22 Putting This Guide to Work for You Immediately  22  CHAPTER 2: YOUR PARENTS WERE RIGHT. YOU REALLY ARE FILLED WITH POTENTIAL  Steps to Developing Competencies  What are Competencies?  24 How Competencies are Acquired?  25 Types of Developmental Activities  27 Develop Competencies Your Way  28 Motivating Yourself for Professional Development  30	The New Reality: Career Streams vs. Career Ladders	15
The Big Picture—Performance Improvement and Management  Development Planning and the Performance Management Process  22  Putting This Guide to Work for You Immediately  22  CHAPTER 2: YOUR PARENTS WERE RIGHT. YOU REALLY ARE FILLED WITH POTENTIAL  Steps to Developing Competencies  What are Competencies?  24  How Competencies are Acquired?  25  Types of Developmental Activities  27  Develop Competencies Your Way  28  Motivating Yourself for Professional Development  30	34 Generic Competencies and Clusters Graphs–Exhibits	16
Development Planning and the Performance Management Process  22 Putting This Guide to Work for You Immediately  22 CHAPTER 2: YOUR PARENTS WERE RIGHT. YOU REALLY ARE FILLED WITH POTENTIAL Steps to Developing Competencies  What are Competencies?  24 How Competencies are Acquired?  25 Types of Developmental Activities  27 Develop Competencies Your Way  28 Motivating Yourself for Professional Development  30	Career Development: Key Concepts	19
Putting This Guide to Work for You Immediately  CHAPTER 2: YOUR PARENTS WERE RIGHT. YOU REALLY ARE FILLED WITH POTENTIAL  Steps to Developing Competencies  What are Competencies?  24  How Competencies are Acquired?  Types of Developmental Activities  27  Develop Competencies Your Way  28  Motivating Yourself for Professional Development  30	The Big Picture—Performance Improvement and Management	19
CHAPTER 2: YOUR PARENTS WERE RIGHT. YOU REALLY ARE FILLED WITH POTENTIAL  Steps to Developing Competencies  What are Competencies?  24  How Competencies are Acquired?  725  Types of Developmental Activities  726  Develop Competencies Your Way  28  Motivating Yourself for Professional Development  30	Development Planning and the Performance Management Process	22
Steps to Developing CompetenciesWhat are Competencies?24How Competencies are Acquired?25Types of Developmental Activities27Develop Competencies Your Way28Motivating Yourself for Professional Development30	Putting This Guide to Work for You Immediately	22
How Competencies are Acquired? 25 Types of Developmental Activities 27 Develop Competencies Your Way 28 Motivating Yourself for Professional Development 30		
Types of Developmental Activities 27  Develop Competencies Your Way 28  Motivating Yourself for Professional Development 30	What are Competencies?	24
Develop Competencies Your Way 28  Motivating Yourself for Professional Development 30	How Competencies are Acquired?	25
Motivating Yourself for Professional Development 30	Types of Developmental Activities	27
	Develop Competencies Your Way	28
Research Findings Relevant to Development Planning 31	Motivating Yourself for Professional Development	30
	Research Findings Relevant to Development Planning	31

### Contents

CHAPTER 3: WHERE DO YOU WANT TO GO, WHAT DO YOU WANT TO DO, AND WHAT ARE YOU WILLING TO DO TO GET THERE? Identifying the Competencies You Want to Develop 34 Career Planning: A Guide to Self-Assessment 38 How to Select Competencies to Target for Development **Developing Competency Goals** 41 **CHAPTER 4:** COMPETENCY DEVELOPMENT IS NOT A ONE-PERSON JOB Gather Your Resources and Solicit Help from Coaches and Managers The Development Planning Process 46 46 1. Individual Preparation 47 2. Initial Planning Meeting 47 3. Preparation of a Draft Development Plan 4. Review and Modification of the Draft Development Plan 47 5. Signing and Filing the Development Plan 47 47 6. Implementing the Plan 7. Periodic Progress Review Meetings 48 48 8. Preparation of New Development Plans 48 Responsibilities in Developing a Higher Performance Workforce For Coaches and Managers 49 50 Competencies for Coaching and Managing Performance 50 Highley Effective Career Development Begins With a Highly Effective Career Development Meeting 51 A Toolbox for Championship Coaching 52 At Your Fingertips: Off-The-Job Implementation Strategies At Your Fingertips: On-The-Job Implementation Strategies 52

## Part II—Guidelines for Developing 35 Core Competencies

<b>CHAPTER 5:</b> COMPETENCIES DEALING WITH PEOPLE	
The Leading Others Clusters	
1 Establishing Focus	57
2 Providing Motivational Support	61
<b>3</b> Fostering Teamwork	65
<b>4</b> Empowering Others	71
<b>5</b> Managing Change	75
<b>6</b> Developing Others	79
7 Managing Performance	83
<b>8</b> Fostering Diversity	87
The Communicating and Influencing Cluster	
<b>9</b> Attention to Communication	91
<b>10</b> Oral Communication	95
<b>11</b> Written Communication	99
12 Persuasive Communication	103
13 Interpersonal Effectiveness	107
<b>14</b> Influencing Others	111

Building Collaborative Relationships

### Contents

D. Example of an Executive Team Model

E. External Resources—Providers and Directories of Training and Development Programs

#### **CHAPTER 6:** BUSINESS COMPETENCIES The Preventing and Solving Problems Cluster Diagnostic Information Gathering 17 Analytical Thinking Forward Thinking 19 Conceptual Thinking Strategic Thinking 21 Technical Expertise The Acheiving Results Cluster 22 Initiative Entrepreneurial Orientation Fostering Innovation Customer Orientation Results Orientation Thoroughness Decisiveness 29 Business Acumen Global Perspective **CHAPTER 7:** SELF-MANAGEMENT COMPETENCIES Self Confidence **32** Adaptability Personal Credibility Flexibility Personal Accountability PART III—Appendix A. Competency Definitions and Behaviors Summary B. Worksheets (Usable: tear-out or copy) C. Applications of Competency Modeling

### **Managing Change**

COMPETENCY

5

**Definition:** Demonstrating support for organizational changes needed to improve the organization's effectiveness; supporting, initiating, sponsoring, and implementing organizational change; helping others to successfully manage organizational change.

- a) Works cooperatively with others to produce innovative solutions
- b) Takes the lead or supports the setting new business directions, partnerships, policies or procedures
- c) Seizes opportunities to influence the future direction of an organizational unit or the overall business
- d) Helps people to develop a clear understanding of what they will need to do differently, as a result of changes in the organization
- e) Sponsors, implements or supports various change management activities (e.g., communications, education, team development, coaching)
- f) Establishes or supports structures and processes to plan and manage the orderly implementation of change
- g) Helps individuals and groups manage the anxiety associated with significant change
- h) Facilitates groups or teams through the problem solving and creative thinking processes leading to the development and implementation of new approaches, systems, structures and methods

#### **IMPORTANCE OF THIS COMPETENCY**

Managing change means identifying what an organizational unit needs to do differently in the future and developing and implementing plans for change. This competency is important because most organizations need significant, ongoing change - in structure, work processes, procedures, and styles of management. To remain competitive, organizations need many people with the drive and skill to identify and implement these changes.

Without this competency, organizations will either fail to implement changes or implement them poorly, with loss of productivity and employee morale.

WORKITECT, INC. Resource Guide **75** 

#### **GENERAL CONSIDERATIONS IN DEVELOPING THIS COMPETENCY**

Part of what is needed to develop this competency is a new attitude about your role: an attitude that emphasizes taking initiative, demonstrating a sense of urgency, persisting in the face of resistance, and refusing to accept the status quo.

In addition to a change in attitude, this competency also requires developing some knowledge and skill in the processes and tools of organizational change. The best way to acquire this knowledge and skill is by participating in an organizational change process led by a skilled leader or consultant. If possible, ask an internal or external consultant to guide your team through the process of change and to teach some of the techniques and tools.

Since this is not always possible, you may need to use other methods. You may be able to take a course on change management offered by an internal or external consultant. You can learn some of the tools for change by reading some of the references in this section. You can also learn by doing: planning and implementing a change, reflecting on what has worked effectively and less effectively, and planning next steps accordingly.

This competency builds on many other competencies, such as Fostering Teamwork, Empowering Others, Establishing Focus, Providing Motivating Support, Interpersonal Effectiveness, Influencing Others, and Persuasive Communication. If you are also working on one of these competencies, you will learn techniques that can be applied in Fostering Innovation.

#### PRACTICING THIS COMPETENCY

- Organize a team to identify new directions or procedures for your unit.
- Volunteer to serve on a team charting change for a larger part of the organization than your unit.
- Organize a meeting of the people in your unit to discuss and clarify what they will need to do differently, as a result of changes in the organization.
- Try out a team problem solving or decision making process that you have read or heard about with a team on which you are a member.

#### **OBTAINING FEEDBACK**

Each time you try out a new change management process (e.g., for planning, team decision making, team problem solving) hold a session with the team to discuss what went well and what could be done differently and better in the future.

#### **LEARNING FROM EXPERTS**

Volunteer to serve on a cross-functional team charged with implementing change. Observe what the team leader does and keep of list of ideas to apply in your own unit.

Interview someone who has successfully led an organizational unit through change. Consider people outside of your own organization, as well as people within it. Ask the person to walk you through the process he/she led. Find out how the person approached this situation and what he/she specifically did. Ask about problems that were encountered and how they were addressed.

76 Resource Guide WORKITECT, INC.

#### **COACHING SUGGESTIONS FOR MANAGERS**

If you are coaching someone who is trying to develop this competency, you can:

- Assign the person to work on a team headed by a consultant or internal leader who is skilled in change management.
- Help the person develop a plan for working with his/her unit to implement change. Think through the resources and support this person will need. Try to anticipate and develop contingency plans for problems that may be encountered.
- Make yourself available on a regular basis to discuss how the change management efforts are progressing.

#### **SAMPLE DEVELOPMENT GOALS**

By March 15, I will hold a meeting with the staff in my unit, to review the overall direction of the division and identify what our unit needs to do differently to implement this direction and to develop a plan for change.

By April 10, I will identify a new group problem solving method and try it out in my unit.

By May 1, I will read Corporate Transformation, by Kilmann and Covin and develop a list of ideas to try out in my unit.

#### **BOOKS**

A Sense of Urgency, by John P. Kotter. Boston, MA: Harvard Business Press, 2008.

Beyond the Quick Fix: Managing Five Tracks to Organizational Success, by Ralph H. Kilmann. Beard Books, 2003.

Creating Paths of Change: Managing Issues and Resolving Problems in Organizations, by Will McWhinney, Douglas M. Smith, & James B. Webber. Thousand Oaks, CA: Sage Publications, Inc., 1997.

Making Change Stick: Twelve Principles for Transforming Organizations, by Richard C. Reale. Park Ridge, NJ: Positive Impact Associates, Inc., 2005.

Managing Organizational Change, 2nd Edition, by Bill Leban. Hoboken, NJ: John Wiley & Sons, Inc., 2007.

Managing Organizational Change: A Multiple Perspectives Approach, 2nd Edition by Ian Palmer, Richard Dunford, & Gib Akin. New York, NY: McGraw-Hill/Irwin, 2008.

Reengineering the Corporation: A Manifesto for Business Revolution, by Michael Hammer & James Champy. New York, NY: HarperCollins Publishers, Inc., 2003.

Re-energizing the Corporation: How Leaders Make Change Happen, by Jonas Ridderstrale and Mark Wilcox. San Francisco, CA: Jossey-Bass, 2008.

The Leadership Challenge, 4th Edition by J. M. Kouzes & Barry Z. Posner. San Francisco, CA: Jossey-Bass, 2008.

Understanding Organizational Change: The Contemporary Experience of People at Work, by Patrick M B Dawson. Thousand Oaks, CA: Sage Publications, Inc., 2003.

WORKITECT, INC. Resource Guide **77** 

#### **SELF STUDY COURSES**

Planning and Managing Change. Book Format. American Management Association. Tel. 800 250-5308 http://www.amaselfstudy.org/course.cfm?isbn=9780761214502&page=TOC

Effective Tools for Initiating and Sustaining Change in Organizations. Webinar Archive Format. NTL. http://breeze.uliveandlearn.com/p44659290/

#### **EXTERNAL COURSES**

Facilitating Organizational Change. Two days. UA Consulting & Training Services. Tel. 520 322-6700. http://www.universityassociates.com/FOCFull.html

Leading Organization Change. Three days. NTL Institute. Tel. 800 777-5227. www.ntl.org

Leading Individual and Organizational Change. Three days. U.S. Office of Personnel Management (OPM). https://www.leadership.opm.gov/Programs/Executive-Development/EXE0094/Index.aspx

Planning and Managing Organizational Change. Two days. American Management Association. Tel. 877 566-9441. www.amanet.org/seminars/seminar.cfm?basesemno=8590

#### **EXTERNAL RESOURCES**

See Appendix

**78** Resource Guide WORKITECT, INC.